

# Cycling Shoe Owner's Manual Bedienungsanleitung Radschuhe Instrucciones de las zapatillas de ciclismo Manuale d'Uso per le Scarpe Ciclistiche Chaussures de vélo - Manuel d'instructions

**READ THIS MANUAL BEFORE RIDING WITH YOUR NEW SHOES!** It contains important safety information. Keep it for future reference. If you have any questions please speak with your retailer.

LESEN SIE DIESE ANLEITUNG, BEVOR SIE MIT IHREN NEUEN SCHUHEN RADFAHREN! Dies ist eine wichtige Sicherheitsinformation. Bewahren Sie die Anleitung auf. Bei Fragen wenden Sie sich bitte an Ihren Händler.

LEA ESTE MANUAL ANTES DE USAR SUS NUEVAS ZAPATILLAS. Contiene información importante sobre seguridad. Guárdelo para futuras consultas. Si tiene alguna duda consulte en su comercio habitual.

**LEGGERE QUESTO MANUALE PRIMA DI UTILIZZARE LE SCARPE!** Contiene importanti avvertenze riguardanti la vostra sicurezza. Conservatelo. Per qualsiasi informazione rivolgetevi al vostro rivenditore di fiducia.

LISEZ CE MANUEL AVANT D'UTILISER VOS NOUVELLES CHAUSSURES! Il contient d'importantes informations sur la sécurité. Conservez-le pour vous y référer ultérieurement. Pour toute question, n'hésitez pas à consulter votre revendeur.

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# **Thank You For Your Purchase**

Some cycling shoes are designed for use with or without clipless pedals or toe clips and straps. Some cycling shoes are designed for use only with clipless pedals. Speak with your retailer about the correct use of the shoes you have selected.

# **Installing Clipless Pedals Systems To Shoes**

You must follow the instructions that come with the clipless pedal system you have chosen. You must only use the mounting hardware and cleats that come with your clipless pedals. It is a system and must be used together.



### FOLLOW THE CLIPLESS PEDAL MANUFACTURER'S INSTALLATION INSTRUCTIONS.

Failure to follow the clipless pedal manufactuer's instructions or to use the correct pedal hardware and cleats may result in poor cleat to pedal interface, or difficult or premature pedal release.

YOU CAN BE SEVERELY INJURED, PARALYZED OR KILLED IN AN ACCIDENT IF YOU IGNORE THIS WARNING.

# Shoe Use With Clipless Pedals



# GETTING INTO OR OUT OF CLIPLESS PEDALS REQUIRES SKILL THAT ONLY COMES WITH PRACTICE.

- Until it becomes a reflex action, the technique requires concentration which can distract your attention and cause you to lose control and fall.
- Start with instruction from your retailer. Then sit still on your bike and practicing
  getting into and out of your pedals one foot at a time. Then practice riding with your
  clipless pedal system where there are no obstacles, hazards or traffic. Practice getting
  in, getting out, repeatedly until your technique and confidence in getting in and out of
  the pedals is very good.
- There are many clipless pedal systems. You must read and follow the clipless pedal manufacturer's instructions for getting into or out of your own clipless pedal system.

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# Shoe Use With Toe Clips and Straps



GETTING INTO OR OUT OF PEDALS WITH TOE CLIPS AND STRAPS REQUIRES SKILL THAT ONLY COMES WITH PRACTICE.

- Until it becomes a reflex action, the technique requires concentration which can distract your attention and cause you to lose control and fall.
- Start with instruction from your retailer. Then sit still on your bike and practicing
  getting into and out of your pedals one foot at a time. Then practice riding with toe
  clips and straps where there are no obstacles, hazards or traffic.
- Practice getting in, getting out, repeatedly, until your technique and confidence in getting in and out of the pedals is very good. Keep straps loose, and don't tighten until your technique and confidence in getting in and out of the pedals is very good. Never ride in traffic with straps tight.

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## Lace Keepers

Some cycling shoes have features that secure shoe laces. After tying your laces be sure to secure the laces with any lace keeper. You must secure the laces to minimize the chance of loose laces becoming caught on some part of your bike or the environment.

# **Shoe Care and Cleaning Instructions**

Follow these instructions to maximize the life of you shoes:

- Use a stiff brush and hose to clean the sole pay particular attention to the cleat area.
   Mud and vegetation must be removed from the cleat area so that the clipless pedals work correctly.
- DO NOT MACHINE WASH Machine washing may cause serious damage.
- CLEAN BY HAND Use warm water, gentle soap and a soft cloth or brush.
- Dry shoes With a clean cloth. Remove the sock liner. Stuff the shoes with newspaper to help hold the shape.
- NO HIGH HEAT Never place in dyer, on radiator, heater or other very hot area.

# **Limited Warranty**

Shoes are warranted against defects in manufacturing or workmanship for one year from date of retail purchase. This warranty does not cover damage from normal wear and tear, improper cleat installation, improper maintenance, crash abrasion, tears or damage, or use judged to be abusive.